

Board Meeting Report
on
Fentanyl Awareness & Facts and Tools to Save a Life
Presentations 2023-2024

June 12, 2024





LCAP Goal 3: Parents, family, and community will be informed, engaged and empowered as partners with Mt. Diablo Unified to support student learning and achievement.

Our goal is to educate our families and provide training and Naloxone, so that we can save lives.



Variety of Community Presenters & Supporters





Fentanyl Awareness Facts & Tools to Save a Life Presentation Data			
Date	Site	# Attended	# Narcan
July 10	Ygnacio Valley HS	110	80
August 24	Concord HS	62	45
September 21	Meadow Homes ES	75	62
October 19	College Park HS	50	52
November 15	Northgate HS	115	75
December 12	Mt. Diablo HS	56	45
February 1	Oak Grove MS	88	72
February 29	Pine Hollow MS	67	53
March 26	Riverview MS	48	35
May 15	Pleasant Hill MS	71	61
	TOTAL	742	580

The Fentanyl Crisis & How to Keep Kids Safe



Contra Costa County MEDS Coalition

Saving Lives Through Collaborative Action



Slides made with Slidesgo.com

National and Local Data

2022

- In 2022, 109,680 persons in the U.S. died from drug overdoses (average 300 deaths per day)
 - 82,998 involved opioids

183 opioid-related overdose deaths in Contra Costa County in 2022





Fentanyl



Powder



Fake Pills



- Fentanyl is a synthetic opioid approved for treating severe pain, such as advanced cancer pain.
- Illicitly manufactured fentanyl is the main driver of recent increases in synthetic opioid deaths.
- A dose of fentanyl the size of Abraham Lincoln's beard on a penny can be fatal.



Signs of an Opioid Overdose & How to Use Narcan to Save a Life

- Loss of consciousness
- Slow, shallow breathing
- Fingernails or lips blue or purplish black
- Small, pinpoint pupils
- Can't rouse or unable to speak
- Body limp
- Face pale or clammy
- Choking sounds or snore-like gurgle







The Truth About Fentanyl

Ryan Rezaei, Assistant U.S. Attorney U.S. Attorney's Office

And our kids have no idea . . .

Los Angeles Times

WORLD & NATION

'No child should be dying': Fentanyl-related deaths among kids rising, Yale study says

"I've talked to families, and they say it's the first time the kid ever used a drug. They didn't even know they were using fentanyl, and then they're gone," said Dr. Keith Humphreys, a professor of psychiatry and behavioral sciences at Stanford University.

According to the study, 43.8% of deaths among people under 20 occurred at home.

About 87.5% of those overdoses were unintentional, and benzodiazepines were found in 17.1% of cases.

June 12, 2022....



Our teens and young adults are suffering from more anxiety and trauma than any time in our world's history. Without proper help, they can seek other ways to feel better. Listen to your kids if they are sharing they have anxiety or depressions OR show the signs.

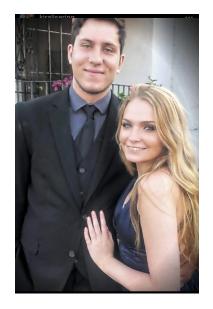
What we lost video











These beautiful young adults from our school district lost their lives to fentanyl. They were athletes, scholars, chefs, artists... they were our kidsthis was my kid. We lost yet another MDUSD student in April- the education needs to continue.

Student Panel Representatives























Possible presentation plans for 2024-2025 starting in October 2024:

- Diablo View MS
- El Dorado MS
- Foothill MS
- Sequoia MS/Valley View
- Olympic
- Maybe an Elementary School in Bay Point area

Thank you to all school site and district office staff who have provided us with support and resources to do these presentations to try to save lives!