

## Islamophobia & Its Impact



## **Presentation Outline**

- Islamophobia and its roots
- Impact of Islamophobia on students
- Educator tools for countering Islamophobia
  - Start with yourself
  - Teaching tips and resources
  - Interacting with Muslim students and families





## Islamophobia & Its Roots



## What is Islamophobia

Islamophobia is anti-Muslim racism, which portrays Muslims and their culture as follows:

- Monolithic and static
- Separate and "other"
- Inferior to the West
- Barbaric, irrational, primitive, and sexist
- Violent, aggressive, supportive of terrorism
- Engaged in a clash of civilizations
- A political ideology





## Islamophobia as Systemic Racism





## Impact of Islamophobia on Muslim Students and Their Families



## Bullying of Muslim Students



- <u>2020 ISPU survey</u> found that 51% of Muslim families say their child was bullied for their faith, double the level of families in the general public (27%).
- According to a <u>CAIR report</u> about Muslim students in California, 40% of students report being bullied because they are Muslim.
  - Verbal bullying often associates Muslims with terrorism using common insults such as "bomber," "killer," "Allahu Akbar," or comments such as, "Hey, gonna bomb the school now?"
  - Girls wearing hijab often have their scarves offensively touched.
  - 35% of students report seeing posts containing offensive comments about Islam or Muslims on social media.



## Impact on Muslim Students



- The impact of persistent bullying and harassment includes:
  - o Depression
  - Anxiety
  - Sleep difficulties
  - Poor school adjustment
- Muslim students describe their experiences in their own words:

"[My] teacher stereotyp[ed] Muslims and call[ed] on me to be 'expert' to explain horrific acts carried out by people in rural places of some Muslim countries I had never been to."

"A lot of my classmates in 4th grade thought that Muslims shouldn't be allowed in the country and one person said to me that Muslims are terrorists."

"People .... made fun of my religion and name. I would go home and tell my mom and cry in my room."

"When I want to play with anyone they run away or they bully me or they say I can't play."

"I heard another student call a Muslim student a terrorist and felt scared to portray my faith."



## Countering Islamophobia for Educators

### Calls to Action

- Start with yourself: challenge your assumptions
- Apply teaching tips and recommended resources
- Apply cultural sensitivity to Muslim students



## **Educator Resources**



## K-12 Educator Training



- Addresses challenges faced by Muslim students in current environment
- Provides solutions, including school policies to prevent bullying
- Concludes with guidelines for teaching about religion in general and educational resources for teaching about Muslim history and culture.



#### ING's Presentations and Panels Supplementing Content Standards 6-12

Islamic Speakers Bureau: <a href="http://www.ing.org/presentation">www.ing.org/presentation</a>

- *Getting to Know American Muslims and Their Faith*
- Muslim Contributions to Civilization
- A History of Muslims in America
- Muslim Women Beyond the Stereotypes





#### ING's Presentations and Panels Supplementing Content Standards 6-12

# Interfaith Speakers Bureau: <u>www.ing.org/panel</u>

- Living the Faith
- Shared Values Among Faiths
- Religion and Pluralism
- Religion and Extremism
- Women and Religion
- Peacemaking in Religion
- Separation of Church and State
- Three Abrahamic Faiths
- Muslim-Jewish Panel





#### ING's Presentations and Panels Supplementing Content Standards 6-12

## Intercultural Speakers Bureau: <a href="http://www.ing.org/intercultural">www.ing.org/intercultural</a>

- Understanding the Origins and Impact of Bigotry in the U.S. Today and What We Can Do About It
- What We Want You to Know About Us – Americans of African, Hispanic, Latinx, Indigenous, Asian, Muslim and Jewish Backgrounds





### ING's Online Educator Curricula Supplementing Content Standards 6-12

- Online curricula: <u>www.ing.org/academic</u>
  - Countering Racism (14 lesson plans)
  - Getting to Know American Muslims & Their Faith
  - A History of Muslims in America
  - Muslim Contributions to Civilization
  - Muslim Women Beyond the Stereotypes
  - Emir Abd El-Kader: A Muslim Hero for Our Time
  - Multi-faith: Living the Faith and Shared Values
- Each curriculum includes presentation notes, discussion questions, activities, and films.



educating for cultural literacy and mutual respect

#### A History of Muslims in America



LESSON THREE: Enslaved West African Muslims Presentation Content, Discussion Questions and Activities

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#### Online Answers to 150+ Frequently Asked Questions About Muslims



Muslims and Islam

Sharia

www.ing.org/all-faqs



## School and Classroom Tools

## www.ing.org/educator-toolkit