

# 5th Grade Family Life

Mt. Diablo Unified  
April 23, 2018



# Parents/guardians are their children's primary family life educators.

However, schools are responsible for...

- fact based
- unbiased
- medically accurate
- age appropriate

***knowledge*** and ***skills*** in order to promote the best possible health outcomes for ALL students.

# Why make changes to 5th Grade Family Life Education?

- Content did not comply with CA Ed Code or 2008 CA Health Standards
- Inaccurate/biased information
- Increased access to information
- Outdated materials
- Marginalized segments of the student population

# Are there family life or health standards for 5th grade?

2008 California Health Framework includes:

- Puberty, male and female anatomy, sexual development, human reproduction
- Health, hygiene, and healthy grooming
- Sexual harassment, abuse & bullying
- Friendship, attraction, & affection
- Personal boundaries
- Define sexually transmitted diseases (STDs), including HIV and AIDS
- Describe how HIV is and is not transmitted

# What is the CA Healthy Youth Act 2016?

Education Code 51930-51939  
Assembly Bill 329

- Must be taught once in middle & high school
- Medically accurate & objective
- HIV content must be taught by trained instructors, regardless of grade
- Appropriate for students of all sexual orientations, genders, ethnic & cultural backgrounds
- May be provided (in an age appropriate way) prior to grade 7

# Timeline 2015-16

- Informed of changes in law (CA Healthy Youth Act) by County Staff
- Identified new materials for 7th and 10th grade
- Fall 2016- Letters sent home
- Winter 2016 - 7th and 10th grade teachers were trained in **Positive Prevention Plus**

# Timeline 2016-17

- Continued to meet as County Health Committee
- Matrix developed comparing current materials to 2008 California Health Framework & CA Healthy Youth Act
- Analyzed resources addressing CA Health Standards & CA Healthy Youth Act
- District staff attended a 2 day training on “3R’s” (Rights, Respect, Responsibility)

# Timeline 2017-18

- Fall 2017- Family Life information included in Parent Information Packet
- Fall 2017- Letters sent out informing parents/guardian of change
- October 2017- Materials available for viewing at Willow Creek
- Fall - Winter 2018- Information shared with principals & teachers
- January 2018- Materials available for viewing
- January 2018 - 5th grade teachers attended 2 day training
- February 2018- Parent/ guardian letters sent
- March 2018- District information night
- Ongoing- School site presentations for parents/guardians



# 3 R's Curriculum (Rights-Respect-Responsibility)

Lesson 1- Figuring out friendships

Lesson 2- Taking a stand against bullying

Lesson 3- Being clear with your friends

Lesson 4- Your body, your rights

Lesson 5- Making sense of puberty

Lesson 6- Sexual reproduction

Lesson 7- Puberty & reproduction

Lesson 8- Learning about HIV

Lesson 9- What is love anyway?

Lesson 10- I am who I am

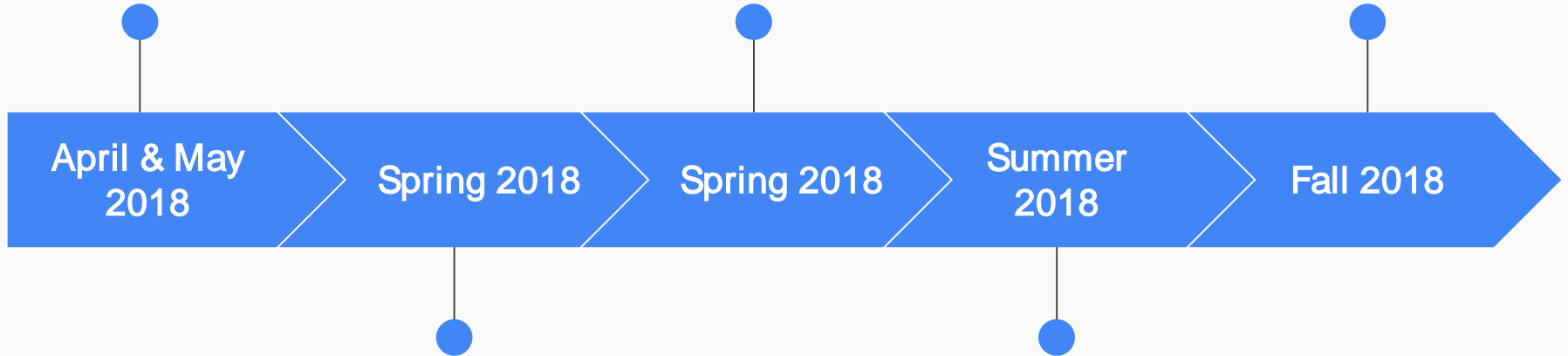
Lesson 11- Gender roles, gender expectations

Next steps...

Presentations to  
CAC, DELAC,  
PAC

Work with principals  
to plan additional  
parent/guardian  
education nights

Use information from  
debrief to make any  
adjustments for 2018-19



Continue to make  
family life content and  
opt out information  
available to families

Convene meeting with community  
members, parents/guardians, & staff to  
debrief 2017-18 implementation and  
develop TK-12 plan