



9/25/20

Dominic Machi, Director of Nutrition Services
Mt. Diablo Unified School District
Food & Nutrition Services Department
1936 Carlotta Drive
Concord, CA 94519

Dear Dominic,

Congratulations! We are pleased to announce that your Food and Nutrition Services Department has achieved **Eat REAL Certification** at the Green Level! Based on your **score of 72%** on the final assessment measuring your program during the 2019-2020 school year and **meeting all minimum requirements**, your onsite program** has earned the designation of:

Eat REAL Certified - Green



Your certification will remain active for 2 school years, subject to periodic monitoring and verification.

This achievement is the result of an incredible commitment and focused action over the past two and half years, during which your food service department went through a rigorous process to be evaluated against Eat REAL's evidence-based standards. In partnership with Eat REAL, an action plan was developed and executed to increase the availability of REAL food. The plan facilitated the creation of improved menus filled with new delicious options that are both healthier for students and the planet.

Eat REAL

1200 18th Street, NW • Suite 700 • Washington, DC 20036

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www.eatreal.org • info@eatreal.org

Some key highlights of **MDUSD's improvements** measured include:

- drastically **reducing** the amount of **added sugar** offered on menus
- increasing the **quality of ingredients** (including removing harmful ingredients) across all menus
- offering a variety of **seasonal fresh fruits and vegetables**
- offering **more plant-based** menu items
- **educating** students about the **importance of REAL food** through Farm to School and Nutrition Education activities

Eat REAL is proud to share this good news with you and your community! Our mission is to empower school districts across the nation to make food delicious, nourishing, and responsible through our evidence-based certification program. We strive to provide ongoing education and support that inspires students, schools, and communities to value real food.

Please join us in celebrating this huge accomplishment! We will be in touch with plans on next steps to share this exciting achievement with your community.

Congratulations,



Nora LaTorre, CEO & the Eat REAL Team

***Special Note: Eat REAL Certification is based on the program and practices of your full on-site program. Any COVID-adapted program services/menus are not explicitly covered by this certification.*

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