

Behavioral Health Specialist Trainee Job Description

MT DIABLO UNIFIED SCHOOL DISTRICT

Position Description

TITLE:	Mental Health Clinical Specialist Trainee
REPORTS TO:	Chief, Pupil Services & Special Education or designee
DEPARTMENT:	Special Education
CLASSIFICATION:	Classified
SALARY:	\$100 per day (No days, work is within the school year)
BOARD APPROVED:	March 14, 2025

~~What we offer:~~

DEFINITION: Large suburban public district with approximately 29,000 students ranging from 3 to 21 years of age and a wide range of races/ethnicities, languages and socio-economic statuses. As its own SELPA, our district completes its own Educationally Related Mental Health Services (ERMHS) evaluations and offers a range of counseling and social-emotional/behavioral supports (e.g., school-based Outpatient Medi-Cal therapy services, DIS counseling, ERMHS counseling, Social Emotional Educational Collaborative/Counseling Enriched Program classrooms, and separate schools with in-classroom supports provided).

Job Duties

EXAMPLES OF DUTIES:

E = Essential Functions (Incumbents may perform any combination of the essential functions shown below. This position description is not intended to be an exhaustive list of duties, knowledge or abilities associated with this classification, but is intended to accurately reflect the principal job elements.) Internship experiences will be based on university program requirements.

First year trainee students:

- Typically work 2 to 3 days a week with 1 to 2 hours of weekly direct supervision
- Complete supervised tasks related to individual counseling, case management, group counseling. -E

Second year trainee students:

- Typically work 3-4 days a week with 1 to 3 hours of weekly direct supervision (Per Board of Behavioral Sciences - 2 units of supervision to collect pre-masters MFT hours).
- Complete tasks related to individual/group counseling with increasing independence

in managing caseload over the school year including increasing capacity for billing on eligible students with open Medi-Cal cases. -E

- Build and strengthen professional skills (e.g., caseload management, crisis support, meeting facilitation, teamwork, consultation, assessment and treatment planning, documentation). -E

Placement is available in elementary, middle and high schools and is based on supervisor assignment. Traineeship experiences will be based on university program requirements, but students will generally have the opportunity to observe and practice the daily tasks credentialed **BHS Mental Health Clinical Specialist** perform. Experiences include, but are not limited to, shadowing/observing daily ~~Behavior Health Therapist (BHS)~~ **Mental Health Clinical Specialist** activities; IEP meetings; consulting with teachers/staff/parents; individual/group counseling; Medi-cal billing/clinical documentation; observing/completing assessments; and attending school and department staff meetings/trainings. It is likely that students would be able to shadow other school personnel but this would be set up on an individual basis. Staff and classroom presentations, SEL curriculum development, and other programmatic activity design is also available based on site needs and intern interest.

WORKING CONDITIONS:

Physical Abilities:

Hear and speak to train and exchange information in person and on the telephone; communicate so others will be able to clearly understand normal conversation; dexterity of hands and fingers to operate a computer keyboard and manipulate paper; see to read, prepare documents and reports and to observe other personnel; sit or stand for extended periods of time; work at a desk, conference table, small student classroom table, or in meetings in various configurations; hear and understand speech at normal levels; kneel, bend at the waist, reach overhead, above the shoulders, and horizontally; lift objects weighing up to 25 pounds.

LICENSES AND CERTIFICATES:

Possession of a valid California driver's license is required.

OTHER QUALIFICATIONS:

TB test clearance, fingerprinting clearance, and any other state/federal licensing or certification requirements

Trainee Pay Rate

Anticipated Board Approval May 10, 2023