



# Reconnect Safely, Return Strong

A Safe Reopening Plan Following Public Health Guidelines



# Contents

Organizing Principles for MDUSD Schools .....	2	COVID-19 Testing and Reporting.....	9	Resources.....	19
Superintendent's Message.....	3	Definitions .....	9	Annex A: CDC Flyer—Stop Germs!	
Prevention Measures.....	4	Scenario 1:.....	10	Wash Your Hands.....	20
Return to Campus Considerations .....	4	Scenario 2:.....	10	Annex B: CCHS Flyer—Is it Cold, Flu or	
<i>Grades TK-6.....</i>	<i>4</i>	Scenario 3:.....	11	Coronavirus? .....	21
<i>Grades 7-12.....</i>	<i>4</i>	Partial or Total School Closure.....	12	Annex C: CCHS Flyer—COVID-19 Testing.....	22
Face Coverings.....	5	Cleaning and Disinfecting .....	13	Annex D: CCHS Flyer—Cleaning and	
Stable Groups .....	5	Daily Custodial Procedures .....	13	Disinfecting after a confirmed	
Physical Distancing .....	6	Athletics and Extracurricular Activities .....	14	COVID-19 case .....	23
<i>Classrooms.....</i>	<i>6</i>	Current Protocols .....	14	Annex E: CDC Flyer—Cleaning and	
<i>Non-Classroom Spaces.....</i>	<i>6</i>	Student Supports.....	17	Disinfecting in School Classrooms .....	24
Adequate Ventilation.....	7	Nutrition Services.....	17	Annex F: CDC Flyer—Six Steps for Properly	
Hand Hygiene .....	7	Transportation.....	17	Cleaning and Disinfecting Your School.....	25
Screening.....	8	<i>General Information.....</i>	<i>17</i>	Annex G: MDUSD Flyer—Meal Distribution	
Symptoms at School .....	8	<i>Cleaning &amp; Disinfecting.....</i>	<i>17</i>	for Distance Learning .....	26
<i>Mental Health and</i>		<i>Social-Emotional Learning.....</i>	<i>18</i>		

## Organizing Principles for MDUSD Schools

The Mt. Diablo Unified School District (MDUSD) has applied core principles when planning for and implementing the practices and protocol offered in this planning document. Prioritizing safety, maximizing learning, and promoting equity are critical drivers for each area addressed.

Safety is an area that employs an inside out mindset starting with each student, every staff member and the community at large. The student is at the center of how we arrive and exit campus, how the classroom and/or other learning spaces are organized. Screening and wearing of appropriate PPE is foundational to maintaining safety for all students and staff. In creating a safe school where students and staff are co-dependent on maintaining safe and healthy environments, we can have a positive effect on our community at large and mitigate the spread of COVID-19.

Learning is the deliverable that the MDUSD has had great success with over time. The protocols and practices offered in this planning booklet further instill our students with persistence, resilience, and adaptability that will serve them well now and in their future. The learning of content and skills is able to continue flourishing during the COVID-19 pandemic because of the commitment to high quality standards. All our decisions and practices are in support of our students learning as robustly and enthusiastically as possible.

Equity is the manner in which we are attentive to students, staff, and the community's unique needs during this time. Scheduling, interacting with one another, and accessing support services are critical to addressing anxiety, stress and depression. Our design for systems and protocols in this planning document incorporate an approach that is compassionate and considerate of the many stories/conditions that exist for our students, staff and community.

# Superintendent's Message

The Mt. Diablo Unified School District (MDUSD) community is living through extraordinarily challenging times. There has not been a more significant challenge to public education than the current pandemic. Repeated change has been the only constant among many uncertainties and unknowns. That said, please accept the submission of the following reopening document. Due to unforeseen circumstances this document may be updated in the coming days and weeks.

Nothing is more important to me than the health and safety of our students, educators, and school communities. Over the past six months, MDUSD has been exhaustively planning for a coordinated reopening of school buildings in an ever-changing landscape, while keeping health and safety at the center of our planning. We have leveraged the expertise of our partners at the California Department of Public Health (CDPH), the Contra Costa Health Services Department (CCHS), and the Contra Costa County Office of Education (CCCOE), to develop rigorous protocols to ensure our schools are well prepared. With their collaboration, we will take swift and decisive action when needed to address any issues of concern and prevent the spread of COVID-19 in school buildings.

On January 14, 2021, Governor Newsom released the COVID-19 and Reopening In-Person Instruction Framework & Public Health Guidance for K-12 Schools in California, 2020-2021 School Year. The new guidance marked a significant change to how schools could reopen. The updates in this document reflect those changes.

We remain as committed as ever to providing a high-quality education to every student. To achieve these goals, MDUSD is committed to providing continuous updates and has been doing so on a weekly basis, both on our website and via regular updates to our principals and school communities. All of our practices and protocols will always be guided first and foremost by health and safety.

The information included in this document will be similarly shared with stakeholders, whose input and voices will be critical to how we navigate this new territory.

Sincerely,



**Adam Clark, Ed. D.**

Superintendent



*Dr. Adam Clark, Ed.D., Superintendent*

# Prevention Measures

The Mt. Diablo Unified School District (MDUSD) will continue to consult with the California Department of Public Health (CDPH), the Contra Costa Health Services Department (CCHS), and the Contra Costa County Office of Education (CCCOE), and will update this document as needed and as additional information becomes available. Our reopening plans will be in compliance with state and county health orders, or District protocols, whichever is stricter.

All site-based protocols will comply with and be responsive to the most current order of the Contra Costa Health Services Department.

## Return to Campus Considerations

When state/county health metrics are met, the Board of Trustees may authorize reopening as outlined in this document.

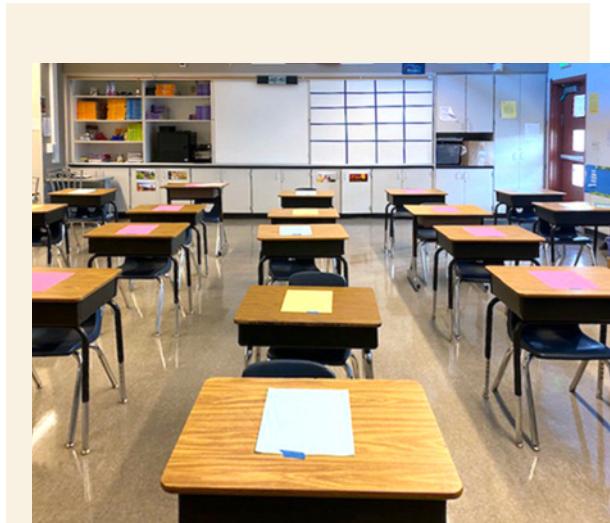
The State released detailed guidelines that set the following metrics for reopening on January 14, 2021. This guidance is a public health direction that applies to all public and private schools operating in California. It separates the District grade levels into two groups with a different metric for each group.

### GRADES TK - 6

The adjusted case rate has been less than 25 cases per 100,000 population per day for at least 5 consecutive days. (This is a change from the <28 per 100,000 previously announced metric).

### GRADES 7 - 12

The adjusted case rate has been less than 7 cases per 100,000 population per day for at least 5 consecutive days. (This is a change from the <28 per 100,000 previously announced metric).



MDUSD classrooms prepared for in-person learning—compliant with state and county health orders, or District protocols.

Using the Covid-19 and Reopening In-Person Instruction Framework and Public School Guidance, the list below represents interventions known at this time to be more effective in reducing the risk of transmission. Of note, though scientific comparative assessments are limited, the top three items are likely of similar importance:

1. Face coverings
2. Stable groups
3. Physical distancing
4. Adequate ventilation
5. Hand hygiene
6. Symptom and close contact exposure screening, with exclusion from school for staff or students with symptoms or with confirmed close contact
7. Surveillance or screening testing



MDUSD educators and staff ready to welcome students back to in-person learning while adhering to health guidelines.

## Stable Groups

The purpose of establishing cohorts is to limit the mixing of students and staff so that if anyone develops an infection, the number of exposures is reduced. Students can be placed into stable groups that stay together all day with their core teacher (and any aide or student teacher who is present).

- Elementary students will be assigned to one classroom as a stable cohort which will enable each group of students to consistently work together with little or no mingling with other cohorts on campus.
- Students will stay with their cohort for recess.
- Each class/wing will have an assigned restroom to reduce movement on campus.
- Students who receive specialized services may continue to receive them, even if out of the cohort, with the provision of face coverings and social distancing in place. Inclusion services may also be provided for segments of a student's school day in order to safely implement an IEP or 504 plan to the greatest extent possible.
- Secondary students will or may be assigned to a teacher team as a stable cohort.
- The CDC guidance notes that schools may keep a single group together in one classroom and have educators rotate between groups, or have smaller groups move together in staggered passing schedules to other rooms they need to use (e.g., science labs) without allowing students or staff to mix with others from distinctive groups.
- Teachers and support staff from different content areas can work in teams that share students, preferably in a dedicated space, separate from others. For example: math, science, English, and history teachers might work as a team with a set group of students they share.

## Face Coverings

All staff and students must use face coverings in accordance with CDPH guidelines unless Cal/OSHA standards require respiratory protection.

Persons exempted from wearing a face covering due to a medical condition, as confirmed by school district health teams and/or therapists, must wear a non-restrictive alternative, such as a face shield with a drape on the bottom edge, as long as their condition permits it.

In limited situations where a face covering cannot be used for pedagogical or developmental reasons, (e.g., communicating or assisting young children or those with special needs) a face shield with a drape (per CDPH guidelines) can be used instead of a face covering while in the classroom as long as the wearer maintains physical distance from others. Staff must return to wearing a face covering outside of the classroom.



## Physical Distancing

Maximize space between seating and desks. Distance teacher and other staff desks at least 6 feet away from students and other staff desks.

Distance student chairs at least 6 feet away from one another, except where 6 feet of distance is not possible after a good-faith effort has been made. Upon request by the local health department and/or State Safe Schools Team, the Superintendent should be prepared to demonstrate that good-faith effort, including an effort to consider all outdoor/indoor space options and hybrid learning models. Under no circumstances should the distance between student chairs be less than 4 feet. If 6 feet of distance is not possible, it is recommended to optimize ventilation and consider using other separation techniques such as partitions between students or desks, or arranging desks in a way that minimizes face-to-face contact.

### CLASSROOMS

- Short-term exposures of less than 6 feet between students and staff are permitted (e.g., a teacher assisting a student one-on-one), but the duration should be minimized and masks must be worn.

- Consider redesigning activities for smaller groups and rearranging furniture and play spaces to maintain separation.
- Staff should develop instructions for maximizing spacing and ways to minimize movement in both indoor and outdoor spaces that are easy for students to understand and are developmentally appropriate.
- Prioritize the use and maximization of outdoor space for activities where possible.
- Activities where there is increased likelihood for transmission from contaminated exhaled aerosols such as band and choir practice and performances are permitted outdoors only, provided that precautions such as physical distancing and use of face coverings are implemented to the maximum extent (see below in Non-classroom spaces).
- Consider using cleanable privacy boards or clear screens to increase and enforce separation between staff and students.
- Windows will be opened and space maximized between students and between students and the driver on school buses where practicable.
- Students will be seated one per seat, with every other row being used to maximize distancing. Students from the same household may sit two-to-a-seat.

### NON-CLASSROOM SPACES

- Limit nonessential visitors, volunteers and activities involving other groups at the same time. School tours are considered a non-essential activity and increase the risk of in-school transmission.
- Limit communal activities. Alternatively, stagger use, properly space occupants, and clean in between uses.
- Consider use of non-classroom space for instruction, including regular use of outdoor space, weather permitting. For example, consider part-day instruction outside.
- Minimize congregate movement through hallways as much as practicable. For example, establish more ways to enter and exit a campus, create staggered passing times when necessary or when students cannot stay in one room and use visual reminders on the floor that students can follow to enable physical distancing while passing and waiting in line. In addition, schools can consider eliminating the use of lockers, which can become congregating areas.



## Hand Hygiene

Teach and reinforce washing hands, avoiding contact with one's eyes, nose, and mouth, and covering coughs and sneezes among students and staff.

- Teach students and remind staff to use tissue to wipe their nose and to cough/sneeze into a tissue or their elbow.
- Students and staff should wash their hands frequently throughout the day, including before and after eating; after coughing or sneezing; after classes where they handle shared items, such as outside recreation, art, or shop; and before and after using the restroom.
- Students and staff should wash their hands for 20 seconds with soap, rubbing thoroughly after application. Soap products marketed as "antimicrobial" are not necessary or recommended.
- Staff should model and practice handwashing. For example, use bathroom time in lower grade levels as an opportunity to reinforce healthy habits and monitor proper handwashing.
- Students and staff should use fragrance-free hand sanitizer when handwashing is not practicable. Sanitizer must be rubbed into hands until completely dry. Note: frequent handwashing is more effective than the use of hand sanitizers.
- Develop routines enabling students and staff to regularly wash their hands at staggered intervals.

## Adequate Ventilation

Properly installed and maintained Heating, Ventilation and Air Conditioner (HVAC) systems are key to ensuring healthy indoor air quality in school learning environments. Research continues to add to the evolving knowledge that environmental conditions and airflow influence the transmissibility of COVID-19.

- All HVAC and ventilation systems have been evaluated by a licensed commissioning contractor to ensure proper ventilation. From that report, repairs and adjustments have been done and will continue to be monitored.
- High-efficiency MERV-13 air filters, as per Centers for Disease Control and Prevention guidelines and manufacturer's recommendations, have been installed and will be replaced quarterly.

**Stop Germs! Wash Your Hands.**

**When?**

- After using the bathroom
- Before, during, and after preparing food
- Before eating food
- Before and after caring for someone at home who is sick with vomiting or diarrhea
- After changing diapers or cleaning up a child who has used the toilet
- After blowing your nose, coughing, or sneezing
- After touching an animal, animal feed, or animal waste
- After handling pet food or pet treats
- After touching garbage

**How?**

Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.

Lather your hands by rubbing them together with the palm of one hand over the other, between your fingers, and under your nails.

Rinse your hands well under clean, running water.

Dry your hands using a clean towel or air dry them.

**CLEAN HANDS**

[www.cdc.gov/handwashing](http://www.cdc.gov/handwashing)

This material was developed by CDC. The Life is Better with Clean Hands Campaign is made possible by a partnership between the CDC and the CDC Foundation, the United States Olympic Committee, and the National Council on Hand Hygiene Information.

**For full-size flyer, see Annex A; page 20**

# Screening

Daily screening for COVID-19 symptoms and for exposure to someone with COVID-19 prior to leaving for school can prevent some people with COVID-19 from coming to school while infectious, thus preventing in-school transmission. Screening does not prevent asymptomatic cases from being at school and spreading SARS-CoV2, the virus that causes COVID-19.

- Parents will be provided with the list of COVID-19 symptoms and instructed to keep their child at home if the child is feeling ill or has symptoms of COVID-19, even if symptoms are very mild, and to get their ill child tested for SARS-CoV2.
- Staff members will be provided with the list of COVID-19 symptoms and be instructed to call in sick and stay home if having symptoms of COVID-19 and to get tested for SARS-CoV2.

Implementing a daily reminder system for home screening, through Parent Square, can support families and staff to review the symptom list each day before leaving for school and confirm that they do not have symptoms of COVID-19 and have not had close contact with a known case. This is likely the easiest and most effective approach, but families or staff may not all have technology access to support this. For those who do not, a list of screening questions on paper can be provided for daily review at home. Schools do not need to monitor compliance with home screening.

## Symptoms at School

Each school has an isolation or health room or area to separate anyone who exhibits one or more symptoms of COVID-19 while at school.

- Staff and students should self-monitor throughout the day for signs of illness; staff should observe students for signs or symptoms of illness to support students who are less able to self-monitor or less likely to self-report.

Is it Cold, Flu or Coronavirus?			
SYMPOMS	COLD	FLU	CORONAVIRUS
Fever	Rare	Yes, often high	Yes
Cough	Mild to moderate	Yes	Yes, typically dry
Shortness of breath	Rare	Yes	Yes
Fatigue, weakness	Mild	Yes	Yes
Headache	Rare	Yes	Sometimes
Muscle aches	Slight	Yes, often	Yes
Sneezing	Common	Sometimes	No
Sore throat	Common	Sometimes	Sometimes
Stuffy or runny nose	Common	Sometimes	Rare
New loss of taste and smell	Common	Rare	Yes
Nausea, vomiting, diarrhea	No	Sometimes in children, Rare in adults	Yes

\*Testing will be at no cost to you & funded through your health insurance or free if you do not have coverage.

california.gov/coronavirus  
6/30/2020

For full-size flyer see Annex B: page 21

- Any students or staff exhibiting one or more symptoms should be required to wait in the previously identified isolation area until they can be transported home or to a healthcare facility, as soon as practicable.
- If a student is exhibiting one or more symptoms of COVID-19, staff should communicate with the parent/caregiver and refer to the student's health history form and/or emergency card.
- Unless the CCHS recommends otherwise, there is no need to exclude asymptomatic contacts (students or staff) of the symptomatic individual from school until test results for the symptomatic individual are known.
- Per Cal/OSHA requirements noted above, establish a written Cal/OSHA Prevention Plan at every facility, perform a comprehensive risk assessment of all work areas and work tasks, and designate a person at each school to implement the plan.
- Workers or other persons handling or serving food must use gloves in addition to face coverings.

# COVID-19 Testing and Reporting

Used in conjunction with other mitigation strategies, testing for SARS-CoV-2 provides an additional tool to support safe and successful K-12 in-person instruction. Testing can allow for early identification of cases and exclusion from school to prevent transmission. However, it should not be used as a stand-alone approach to prevent in-school transmission. A negative test provides information only for the moment in time when the sample is collected. Individuals can become infectious shortly after having a negative test, so it is important to maintain all other mitigation strategies even if a recent negative test has been documented. There are several circumstances under which a student or staff member might undergo testing. Below, we outline these circumstances and considerations for testing implementation in K-12 schools.

MDUSD is committed to the following:

- Supervise sample collection
- Assess testing demand within your District for staff and/or students
- Communicate with CCCOE to inform them of decision to partner with vendor and coordinate as appropriate
- Manage test kit inventory and request kits through vendor
- Provide Personal Protective Equipment (PPE), technology and physical space for sample collection outreach to staff, students, and families for pre-registration, which is submitted via a web-accessible platform
- Securely dispose of any patient data collected on paper
- Collect sample at the collection site
- Ship via shipping company or courier to vendor within 24-hours of collection using approved methods
- Support individuals with technology limitations to access test results
- Pay for essential site costs (e.g., shipping or courier service, staff, outreach programs, materials etc.)

## DEFINITIONS

**Symptomatic testing:** This testing is used for individuals with symptoms of COVID19, either at home or at school. In this situation, the school guidance requires that these individuals stay home and isolate in case they are infectious. The Guidance includes the possibility of return to school in the case of a negative test for SARS-CoV-2 and 24 hours after fever is resolved and symptoms are improving.

**Response testing:** This testing is used to identify positive individuals once a case has been identified in a given stable group. Response-based testing can be provided for symptomatic individuals or for asymptomatic individuals with known or suspected exposure to an individual infected with SARS-CoV-2.

**Asymptomatic testing:** This testing can be used for surveillance, usually at a cadence of every 2 weeks or less frequently, to understand whether schools have higher or lower rates of COVID19 rates than the community, to guide decisions about safety for schools and school administrators, and to inform LHDs about district level in-school rates. Asymptomatic testing can also be used for screening, usually at a higher cadence (weekly or twice weekly) than surveillance testing, to identify asymptomatic or pre-symptomatic cases, in order to exclude cases that might otherwise contribute to in-school transmission. Screening testing is indicated for situations associated with higher risk (higher community transmission) and individuals at higher risk of transmission (e.g., adults and high school students transmit more effectively than elementary aged students).

## COVID-19 TESTING

-  Get a fast, convenient COVID-19 test at no cost to you\*
-  Appointment required Available 7 days a week
-  Testing available for everyone, even if you don't feel sick
-  Drive-through & walk-in appointments throughout the county

\*Testing will be at no cost to you and will be billed through your health insurance or free if you do not have coverage.

Call 1-844-421-0804

8 a.m. – 3:30 p.m.  
7 days a week

[www.cchealth.org/coronavirus](http://www.cchealth.org/coronavirus)

Testing at county sites made possible, in part, by the generous support of the Chan Zuckerberg Initiative



For full-size flyer, see Annex C; page 22

**WHAT IF?****Scenario 1:**

A student or staff member responds "yes" to one of the health screening questions, has a temperature of 100.4 or above, and/or exhibits symptoms of COVID-19:

## (Health Screening Questions)

- Site Admin/Supervisor is informed immediately
- The student or staff member should not enter the building and/or should be sent home to self-isolate. If it is an employee, they should request remote work (if available) AND enter their absence/s into Frontline as sick, personal leave, or vacation time (with approval) if remote work is not approved/available (or for days they are ill and unable to work while working remotely).
- Recommend "immediate" testing through primary doctor or through county at <https://www.coronavirus.cchealth.org/get-tested>
- If there were any "close contacts," to this person, see Scenario 3; if they later test positive, see Scenario 2.

**Scenario 2:**

A student or staff member of a cohort tests positive for COVID-19.

- Site Admin/Supervisor is informed immediately
- Site Admin/Supervisor emails COVID@mdusd.org to notify District
- Site Admin/Supervisor will complete the Contact Tracing Form to identify "close contacts"
- The student or staff member should not enter the building and/or should be sent home to self-isolate. If it is an employee, they should request remote work (if available) AND enter their absence/s into Frontline as sick, personal leave, or vacation time (with approval) if remote work is not approved/available (or for days they are ill and unable to work while working remotely).
- Within one business day, the site administrator or supervisor emails letter to any "close contacts" (i.e. those directly exposed for at least 15 minutes or more AND less than 6 feet away for a total of 15 minutes or more) (in a way that does NOT reveal personal information) to let them know:
  - they were "possibly" exposed to COVID
  - they should get tested AND quarantine for 10 days from the day last exposed day (assuming no symptoms or later positive test).

*\*If they later test positive, follow Scenario 2 again for each employee.*

Starting January 2021 - A copy of the letter is cc'd to members' district level labor presidents/representatives:

1. CST – Carmen Terrones Torres, President – [terronestorresc@mdusd.org](mailto:terronestorresc@mdusd.org)
2. CSEA – Annie Nolen, President – [mtdiablo43vp@yahoo.com](mailto:mtdiablo43vp@yahoo.com)
3. DMA – Theodora Pappas, President – [pappast@mdusd.org](mailto:pappast@mdusd.org)
4. MDEA – Anita Johnson, President – [johnsona@mdusd.org](mailto:johnsona@mdusd.org)
5. IBEW – Mark Jones, Union Rep. – [MJones@ibt856.org](mailto:MJones@ibt856.org)
- Site administrator or supervisor should notify their custodian and have them clean and sanitize the area/s where the exposure(s) occurred



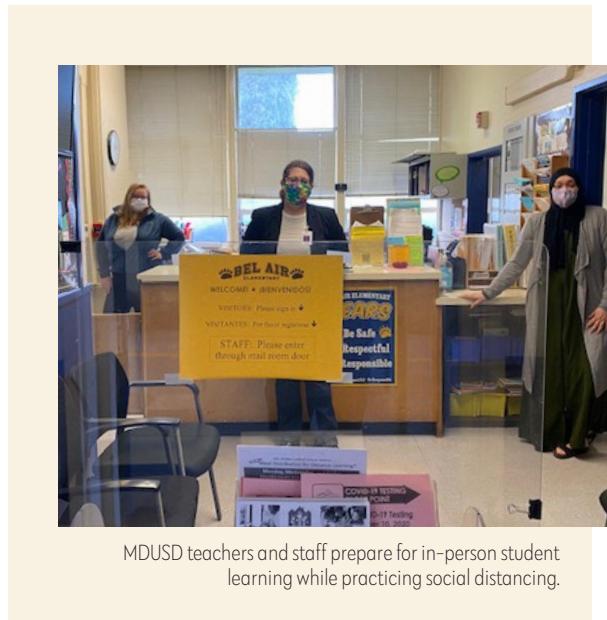
**WHAT IF? (continued)****Scenario 3:**

*"Close Contact" (a.k.a "1st Degree" Exposure): A student or staff member lives with or has been in "close contact" with a person who has tested positive for COVID-19 and has been on campus or at the work site.*

- Administrator or supervisor emails COVID@mdusd.org
- The student or staff member and all household members should quarantine, monitor symptoms, and contact their health provider to schedule testing.
- \*Testing for those exposed is recommended no sooner than 5-7 days after exposure to a COVID-19 positive individual if asymptomatic (but "immediately" if showing symptoms)
- Student or staff member is expected to quarantine for a full 10 days from the date of last known exposure **as long as** the person remains asymptomatic (with or without testing).
- Testing is highly recommended, but a negative test does NOT release one from 10-day quarantine!
- The student or staff member should not enter the building and/or should be sent home to self-isolate. If it is an employee, they should request remote work (if available) AND enter their absence/s into Frontline as sick, personal leave, or vacation time (with approval) if remote work is not approved/available (or for days they are ill and unable to work while working remotely).
- Continue to strictly adhere to preventive measures such as social distancing and use of face masking/facial covering once out of the 10-day quarantine

AND... continue to monitor symptoms for a full 14 days (even if testing negative or returning to work after 10 days).

- Note: if symptoms occur, immediately self-isolate and contact healthcare provider and seek testing.
- \*See Scenario 1 if student or staff member later develops symptoms, and Scenario 2 if student or staff member later tests positive.



MDUSD teachers and staff prepare for in-person student learning while practicing social distancing.

*Secondary Exposure. A student or staff member is exposed to a person who is directly exposed to a person who tested positive for COVID-19.*

- The student or staff member will report to school or work, monitor symptoms, and contact their health provider if they have questions.

# Partial or Total School Closure

*What are the criteria for closing a school to in-person learning?*

Individual school closure, in which all students and staff are not on campus, is recommended based on the number of cases and stable groups impacted, which suggest that active in-school transmission is occurring. Closure should be done in consultation with CCHS. Situations that may indicate the need for school closure:

- Within a 14-day period, an outbreak has occurred in 25% or more stable groups in the school.
- Within a 14-day period, at least three outbreaks have occurred in the school AND more than 5% of the school population is infected.
- CCHS may also determine school closure is warranted for other reasons, including results from public health investigation or other local epidemiological data.

Length of closure: 14 days, or according to a decision made in consultation with CCHS.

The State Safe Schools for All Technical Assistance teams (TA teams), composed of experts across multiple state agencies, will be available to assist schools with disease investigation for those with outbreaks that cannot find resources to investigate the outbreaks. The TA teams will also be available to help schools that close in order to identify and address any remediable safety issues.

*If a school is closed, when may it reopen?*

Schools may typically reopen after 14 days and if the following have occurred:

- Cleaning and disinfection
- Public health investigation
- Consultation with CCHS



PPE supplies prepared to support in-person student learning.

*What are the criteria for closing the MDUSD?*

MDUSD should close if 25% or more of schools in the district have closed due to COVID-19 within a 14-day period and in consultation with the CCHS.

*If MDUSD is closed, when may it reopen?*

MDUSD would typically reopen after 14 days, in consultation with CCHS.

# Cleaning and Disinfecting

## Daily Custodial Procedures

- Open MDUSD School Facility using site standard procedure following any temporary adjustment implemented by Site Administrator/Principal during the Distance Learning Phase, including raising flag, kitchen processes, etc.
- Open Restrooms identified as "in use" during the Distance Learning Phase.
- All high touch areas, including door handles, sink faucets, water stations, and light switches will be cleaned and disinfected throughout the day with manual application or with a Germ Buster sprayer.
- All occupied classrooms, learning spaces, support staff area, clerical center, and main offices will be cleaned and disinfected at least once a day, including with a Germ Buster sprayer. Floor surfaces will be vacuumed, swept and/or mopped per schedule.
- All unoccupied spaces will be monitored and cleaned as necessary, as evidenced by the door hanger process that monitors access to rooms.
- All in-use restrooms will be cleaned and disinfected with added attention on restocking hand soap, paper towels and hand sanitizer at least once a day, including with the Germ Buster sprayer.
- Added attention to cleaning and disinfecting will be given to all entry/exit paths and all common areas to include high touch surfaces such as light switches, door handles, faucets, counter spaces at least once a day.
- Any desk or conference tables that may be used for meetings, assessments, or in common areas will be cleaned and disinfected at least once a day.
- Check and restock hand sanitizer and other needed supplies in all common areas daily.
- All trash and recycle bins will be emptied in occupied classrooms, learning spaces, support staff, clerical and main offices daily.

**Cleaning and Disinfecting in School Classrooms**

Cleaning and disinfecting are key to limiting exposure to germs and maintaining a safe environment during the COVID-19 pandemic. Reduce the spread of germs by keeping surfaces clean and reminding students of the importance of hand hygiene.

**The Difference Between Cleaning and Disinfecting**

- ✓ Cleaning reduces germs, dirt, and impurities from surfaces or objects and works by using soap (or detergent) and water to physically remove germs from surfaces.
- ✓ Cleaning followed immediately by disinfection is a best practice measure for prevention of COVID-19 and other viral respiratory illnesses.
- ✓ Disinfecting kills germs on surfaces or objects. Disinfecting works best by using chemicals, as directed, on surfaces after they have been properly cleaned.

**Which Disinfectant Products Should I Use?**

You can use any EPA-approved disinfectant against SARS-CoV-2. You can also use a bleach solution. Please refer to the CDC website or check EPA's list of approved disinfectants.

**Where Should I Clean and Disinfect?**

Clean and disinfect frequently touched surfaces within the classroom. Check compatibility for cleaning products and electronic devices.

**Consider cleaning surfaces and object instead of**

- Door handles and knobs
- Desks and chairs
- Cabinets, lockers, and bookshelves
- Shared computer keyboards and mice
- Trash bins
- Light switches
- Pencil sharpeners handles
- Sink and surrounding areas
- Countertops
- Whiteboards or chalkboards
- Other shared learning materials

**Store cleaning and disinfection products by or near students, and staff should not store them there if they are inhalable toxic fumes.**

**CDC**

**Six Steps for Properly Cleaning and Disinfecting Your School**

**Protect Your School Against COVID-19**

Properly cleaning and disinfecting surfaces and objects can help safely and effectively reduce the spread of disease in your school or facility. Routinely clean and disinfect frequently touched surfaces.

- ✓ Always wear gloves and other personal protective equipment (PPE) appropriate for the chemicals being used. The PPE may include eye protection.
- ✓ Cleaning and disinfection products should not be used by or near students.
- ✓ Make sure that there is adequate ventilation (air flow) when using chemical products to prevent yourself or others from inhaling toxic vapors.

Step 1:  
Visit [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)  
or scan the QR code with your mobile phone to see EPA's list of approved disinfectants

Step 2:  
Follow the directions on the label carefully.

Step 3:  
Clean surfaces and determine how areas will be disinfected.

Step 4:  
Follow the contact time shown on the label.

Step 5:  
Throw away gloves after cleaning and disinfection. Wash your hands with soap and water for at least 20 seconds.

Step 6:  
Store chemicals in a secure location away from student reach and sight.

**cdc.gov/coronavirus**

For full-size flyers, see Annexes E and F; pages 24-25

- Review campus for any safety concerns, graffiti and vandalism, including play structure, if applicable.
- Call in any needed repairs, work order request or emergency work orders.
- Check and remove refuse from school grounds (garbage, leaves, etc.).
- Check in with Site Administrator or Office Staff for immediate needs, deliveries, or other duties as assigned.
- Complete watering tasks, if needed.

District approved disinfectant and paper towels are available for every classroom and staff member, upon request. District current cleaning chemicals include:

- All Purpose Cleaner: Hillyard Robusto 42 or Equivalent
- Sanitizer: Hillyard Robusto 42 or Equivalent
- Disinfectant: Hillyard Re-Juv-nal OR Cole Supply - Lemon Q or Equivalent
- Glass Cleaner: Hillyard Suprox or Equivalent
- Peroxide Cleaner: Hillyard Suprox - Heavy Duty or Equivalent

# Athletics and Extracurricular Activities

## Current Protocols

### 1. Check In

- Prior to attending any training event, pod members will meet at the designated entrance to the training venue (masks must be worn by all until inside the venue).
- The Coach will take attendance by:

Taking current body temperature of the athlete using a Temporal Thermometer, making sure that it is below 100.4 degrees F AND

Confirm that the student has answered all questions and inserted their temperature into the QR Code prior to form submission (College Park example)

Or the attached Coach Data Sheet

- The QR Code Form includes:

Student ID, name, date, and time stamp

Questions confirming from each participating player and/or their parent/guardian that: a) The player has not had any close contact with a sick individual or anyone with a confirmed case of COVID-19; b) The player has not had a documented case of COVID-19 in the last 14 days; c) The player is not currently demonstrating or suffering from any ill symptoms.

Data is recorded and saved for contact tracing if needed.

- Any student with a temperature reading of 100.4 degrees F will be asked to go home and seek medical advice.
- If players do not have an electronic device the coach will be able to check the individual in with the same procedure using his or her electronic device.
- At this time, the cleared student-athletes close the CHECK IN and proceeds to designated spots for personal items and await the training event to begin.
- Any player reporting or demonstrating symptoms of illness at any point will be removed from training (or prohibited from training) and must seek guidance from his or her physician before attempting to return to training. Below is the MDUSD return to school protocol.
- MDUSD Covid-19 Guidelines

2. Players are not allowed to carpool to and from practice. They must get rides with people from the same household only.
3. Gatherings before or after camps are not allowed. Players are expected to finish camp and return home.
4. No spectators will be allowed.
5. There is a staggered entry and exit for each facility to minimize contact with other students. Masks will be worn as players enter and exit the facilities.
6. A camp supervisor may be present to oversee that protocols are being followed. This person could communicate but would not physically interact with the pods/campers.
7. Each player will be responsible for bringing the following personal items which are to be labeled with the students first and last name: Water Bottle, face mask and towel.

Phase 1 – PURPLE TIER: Activities limited to stadium fields, pool, outdoor basketball courts and grass areas.

#### Scheduling

- One camp per area per time period.
- Each camp must last at least four weeks.
- There must be 30 minutes between camps to limit overlap contact between participants.
- Athletes and coaches
- Maximum number of 14 participants in each camp. (14-2 student/coach ratio)
- Each person may only participate in only one camp. This is not one camp for each sport, but one camp overall. The participant may not switch camps.
- A coach may only participate with one camp. The coach may not switch camps.
- Only participants and coaches may be present. No spectators.
- Participants must come dressed for participation. Locker rooms will not be available.
- Restrooms/porto potties will be available.
- Participants are encouraged to shower and wash their workout clothing immediately upon returning to home.

**Activities** – General conditioning, agilities, running, swimming laps, calisthenics, use of own balls for skills and dribbling/shooting (no sharing)

- There is no shared equipment. Players/campers may bring their own equipment/balls
- There is no shared personal property such as water bottles.
- There is no physical contact.
- Participants do not need to wear face masks. Coaches must wear face masks.
- At the beginning of each camp session, the coach must remind the participants that they should not attend, if they have any potential symptoms. The symptoms include, but are not exclusive to fever, coughing or shortness of breath.
- Hydration stations shall not be utilized (water cows, water trough, water fountains, etc). All students shall bring their own water bottles labeled with their first and last name.

Phase 2 – RED TIER: Activities limited to stadium fields, pool, outdoor basketball courts, tennis courts and grass areas (limited use of indoor gyms and weight room using appropriate cleaning and distancing protocols). The following additions/changes to our protocols are created keeping in line with state guidelines and the surrounding districts. We have been keeping a close eye on COVID-19 numbers around the state and county. We also acknowledge the Governors latest release surrounding the importance of face masks in social settings.

#### Scheduling

- Each camp must last at least four weeks.
- There must be 30 minutes between camps to limit overlap contact between participants.
- The number of camps on campus may increase as long as areas are separated and defined and all protocols are being met, including entrance and exit of the facilities.

#### Athletes and Coaches

- Maximum number of 14 participants in each camp. (14-2 student/coach ratio)
- Each person may only participate in only one camp. This is not one camp for each sport, but one camp overall.
- The participant may not switch camps during any 4 week period.
- A coach may only participate with one camp. The coach may not switch camps.
- Only participants and coaches may be present. No spectators.
- Participants must come dressed for participation. Locker rooms will not be available. Restrooms will be available.
- Participants are encouraged to shower and wash their workout clothing immediately upon returning to home.
- Workouts should be conducted in “pods” of students with the same 14 students always working out together.

## Phase 2 - RED TIER (continued)

**Outdoor Activities** - General conditioning, agilities and resistance training, running, swimming laps, calisthenics, use of shared balls and equipment within a pod for skills and dribbling/shooting (non-contact drills and skills only) - need access to LemonQ and/or Rejuvinal

- Individuals should wash their hands for a minimum of 20 seconds with warm water and soap before touching any surfaces or participating in workouts. This can be done at home prior to practice.
- Sharing of equipment (passing and handling of balls) may begin in a limited setting. Balls are only shared within one pod and NEVER between pods. For instance only pod A uses balls labeled pod A. Balls will be labeled clearly in Sharpie indicating pod/cohort use. Balls will be wiped down with Rejuvinal by the attending coach or a designated player on a daily basis before and after use. (Examples: football passing, soccer passing, volleyball net drills, baseball/softball pitching and batting).
- If equipment such as bags or pads (football) are used they must follow the same protocols as balls being shared within one pod and NEVER between pods.
- Each team/program will have a designated space to store their equipment separate from other teams/programs.
- All drills should remain non-contact and maintain 6 feet of social distancing.
- If during the course of activity players are within 6 feet of each other (batter and catcher in baseball) both players should have masks.
- There will be no scrimmaging or interaction between different pods.

**Indoor Activities** - Gyms and Weight Rooms may be utilized with limitations and modifications. Examples of activities: shooting baskets, serving and volleying of volleyballs, offensive/defensive plays for basketball with no opponents (non-contact/non aerobic non-contact drills and skills only)

- Per current county guidelines for gyms use must not exceed 10% of the capacity of the room.
- Exercise increases the rate of respiration. Because of this, indoor activity should be kept to a level which does not increase respiration.

- Masks should be worn at all times indoors and players must maintain 6 feet of distance at all times.
- Doors should remain open for proper ventilation.
- Weight equipment should be wiped down thoroughly before and after an individual's use of their designated area and equipment.
- Weight room users will be limited to a designated area specific to each player using only assigned equipment during the pod allotted time. At the end of the allotted pod time the player will wipe down their area and equipment with Rejuvinal and exit the facility. Only one player per designated area in the weight room. NO Spotters and NO max lifting.
- After a minimum of 10 minutes the next pod may enter.
- Adequate cleaning schedules should be created and implemented for any indoor used athletic facilities to mitigate any communicable diseases.
- Prior to an individual or groups of individuals entering a facility , hard surfaces within that facility should be wiped down and sanitized (chairs, furniture in meeting rooms, locker rooms, weight room equipment, bathrooms, athletic training room tables, etc.). This could happen the day prior as long as the facility is not used in the interim.
- Appropriate clothing/shoes should be worn at all times in the weight room to minimize sweat from transmitting onto equipment/surfaces.
- Any equipment such as weight benches, athletic pads, etc. having holes with exposed foam should be covered (personal towels and water bottles labeled).
- Students must be encouraged to shower and wash their workout clothing immediately upon returning to home.
- Hydration stations may not be utilized (water cows, water trough, water fountains, etc). All students shall bring their own water bottles labeled with their first and last name.

Phase 3 - Orange Tier: Activities open to all athletic facilities including stadium fields, pool, outdoor basketball courts, tennis courts, grass areas, gym and weight room.

TBD based on County Guidelines

# Student Supports

## Nutrition Services

Students require proper nutrition in order to be able to concentrate and be successful in school. Breakfast and lunch will be available for every student, through June 2, 2021, based on the USDA Federal program for summer and School Meals program. Menus will continue to follow the National School Lunch Program guidelines, sourced with available products through approved and vetted vendors. Please visit the Food and Nutrition Services website or call (925) 682-8000 Ext. 4124 or email. Angela Vickroy, Administrative Secretary [vickroya@mdusd.org](mailto:vickroya@mdusd.org)

- When students return to in-person learning, all breakfast and lunches will be pre-bagged and distributed by staff from our cafeteria, snack bar, and vending carts. Physical distancing protocols will be adhered to.
- Students may not share lunch items with others.
- MDUSD will continue to offer off-site breakfast and lunch meal service for eligible families, including drive-thru and curbside pickup options.

## Transportation

Under Federal law, qualifying students with unique needs are a priority for transportation service, and State and local officials have issued physical distancing requirements to reduce the spread of COVID-19. Therefore, home-to-school transportation will be severely limited to only those students we are legally required to transport.

### GENERAL INFORMATION

We encourage families to complete the self-screening questions prior to leaving for school and in addition, the bus driver may use a no-touch thermometer to screen students who exhibit symptoms of respiratory illness upon boarding the bus. Families must screen their student for symptoms of COVID-19 prior to arriving at the bus stop. Students exhibiting symptoms must stay at home. The driver and passengers will be required to wear face coverings at bus stops and on buses. Buses will have extra face coverings for students who lose or forget to bring their face coverings. Face coverings should be worn at all times.



For full-size flyer, see Annex G; page 26

- Students will load from the back of the bus to the front of the bus and disembark from the front of the bus to the back.
- Seats that need to remain vacant will be marked or taped off. The following are sample seating options, but may be modified to conform with the maximum capacity determined under public health orders in effect:
  - Option 1: Seat one student to a bench on both sides of the bus, skipping every other row.
  - Option 2: Seat one student to a bench, alternating rows on each side to create a zigzag pattern on the bus.
- Mark or blocked seats that must be left vacant.

### CLEANING & DISINFECTING

- Transportation has electrostatic disinfectant sprayers. Along with other approved disinfectants available to our staff. Each bus will be disinfected nightly with the electrostatic sprayer.
  - All high touch areas get cleaned before, during and after each run.
- All drivers have been trained in proper disinfection procedures.
- Drivers have been directed to assure air flow for constant ventilation by means of A/C, windows or roof ventilation hatches to be opened.
- School bus windows will be open to ensure maximum ventilation, unless doing so poses a safety or health risk for current or subsequent occupants.

## Mental Health and Social-Emotional Learning

As the pandemic continues, the decision to open schools may create comfort for some students and families, while causing alarm for others. MDUSD is committed to supporting students' social emotional wellness and offering resources to provide support during a smooth, eventual transition back to school, and also for those who wish to continue in a distance learning model. To meet the diverse needs of our community, a variety of supports are currently being offered including:

- Calls home by staff to connect and engage
- Reminders about enrollment procedures including residency documents and required immunizations.
- Outreach, including webinars and virtual gatherings from our school counselors and other mental health providers
- Outreach and support for families who are experiencing trauma impacting their child's participation in learning
- Online social groups for students in distance learning models
- Support for teachers in enhanced engagement for online learning
- Use of site Student Success Teams and CARE Teams to encourage early intervention for students

Increased awareness and referrals to community agencies that support students and adults, including Child & Family Services

- Social emotional lessons created using the Positive Behavioral Intervention and Support (PBIS) Framework
- Opportunities to professional development and support to understand and implement Culturally Relevant and Trauma Informed Counseling practices to ensure all students are seen, heard and validated



MDUSD classrooms prepared for in-person learning—compliant with state and county health orders, or District protocols.

# Resources

[Annex A: CDC Flyer—Stop Germs! Wash Your Hands.](#)

[Annex B: Contra Costa Health Services Flyer—Is it Cold, Flu or Coronavirus?](#)

[Annex C: Contra Costa Health Services Flyer—COVID-19 Testing](#)

[Annex D: Contra Costa Health Services Flyer—Cleaning and Disinfecting after a confirmed COVID-19 case](#)

[Annex E: CDC Flyer—Cleaning and Disinfecting in School Classrooms](#)

[Annex F: CDC Flyer—Six Steps for Properly Cleaning and Disinfecting Your School](#)

[Annex G: MDUSD Flyer—Meal Distribution for Distance Learning](#)

# Stop Germs! Wash Your Hands.

## When?

- After using the bathroom
- Before, during, and after preparing food
- Before eating food
- Before and after caring for someone at home who is sick with vomiting or diarrhea
- After changing diapers or cleaning up a child who has used the toilet
- After blowing your nose, coughing, or sneezing
- After touching an animal, animal feed, or animal waste
- After handling pet food or pet treats
- After touching garbage



## How?



**Wet** your hands with clean, running water (warm or cold), turn off the tap, and apply soap.



**Lather** your hands by rubbing them together with the soap. Be sure to lather the backs of your hands, between your fingers, and under your nails.



**Scrub** your hands for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song from beginning to end twice.



**Rinse** hands well under clean, running water.



**Dry** hands using a clean towel or air dry them.

**Keeping hands clean is one of the most important things we can do to stop the spread of germs and stay healthy.**

LIFE IS BETTER WITH



[www.cdc.gov/handwashing](http://www.cdc.gov/handwashing)

This material was developed by CDC. The Life is Better with Clean Hands Campaign is made possible by a partnership between the CDC Foundation, GOJO, and Staples. HHS/CDC does not endorse commercial products, services, or companies.



CS310027-A

# Is it Cold, Flu or Coronavirus?

People with COVID-19 have had a wide range of symptoms, which may appear 2-14 days after exposure to the virus. Take steps to prevent spread, including staying home, keeping six feet from others, wearing a face covering, washing hands often, and regularly cleaning high-touch surfaces.

Get a fast & easy COVID-19 test at no cost to you.\* Schedule an appointment online at [cchealth.org/coronavirus](http://cchealth.org/coronavirus) or call 1-844-421-0804.

SYMPTOMS	COLD	FLU	CORONAVIRUS	
	Fever	Rare	Yes, often high	Yes
	Cough	Mild to moderate	Yes	Yes, typically dry
	Shortness of breath	Rare	Yes	Yes
	Fatigue, weakness	Mild	Yes	Yes
	Headache	Rare	Yes	Sometimes
	Muscle aches	Slight	Yes, often	Yes
	Sneezing	Common	Sometimes	No
	Sore throat	Common	Sometimes	Sometimes
	Stuffy or runny nose	Common	Sometimes	Rare
	New loss of taste and smell	Common	Rare	Yes
	Nausea, vomiting, diarrhea	No	Sometimes in children, Rare in adults	Yes

\*Testing will be at no cost to you & billed through your health insurance or free if you do not have coverage.

[cchealth.org/coronavirus](http://cchealth.org/coronavirus)  
8/31/2020



# COVID-19 TESTING



Get a fast, convenient COVID-19 test at no cost to you\*



Appointment required  
Available 7 days a week



Testing available for everyone,  
even if you don't feel sick



Drive-through & walk-in appointments  
throughout the county

\* Testing will be at no cost to you and will be billed through your health insurance or free if you do not have coverage

**Call 1-844-421-0804**



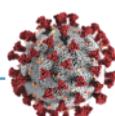
8 a.m. – 3:30 p.m.  
7 days a week

[www.cchealth.org/coronavirus](http://www.cchealth.org/coronavirus)

Testing at county sites made possible, in part, by the generous support of the Chan Zuckerberg Initiative

**RESPONSE**  
Coronavirus (COVID-19)

CONTRA COSTA  
HEALTH SERVICES



# Cleaning and Disinfecting after a confirmed COVID-19 case



It is important to clean and disinfect spaces in order to avoid further spread of Coronavirus (COVID-19). This document can help guide you on what areas to disinfect, what disinfecting products to use, how to disinfect, what protective equipment to wear, and who should disinfect the contaminated areas. The cleaning procedures in this document should reduce any health hazard risk.

## What to Clean:

- **Clean and disinfect high-touch surfaces.** Focus on bathrooms, common areas, and areas where the person with COVID-19 was for extended periods of time. Concentrate on high touch surfaces such as tables, hard-backed chairs, doorknobs, light switches, handles, desks, toilets, and sinks.
- **Janitorial staff should be tasked with cleaning and disinfection.**
- **Wear disposable gloves when cleaning and disinfecting surfaces.** All gloves should be thrown away after each cleaning/disinfection and should not be used for other purposes. Gloves should be changed if torn.
- **Clean hands immediately** after gloves are removed and thrown away.



## How to Clean and Disinfect:

If surfaces are dirty, clean surfaces using a detergent or soap and water before disinfection.

### HARD SURFACES

- For disinfection, clean surfaces using diluted household bleach solutions, alcohol solutions with at least 70% alcohol, or most common EPA-registered household disinfectants.
- Use diluted household bleach solutions. Follow manufacturer's instructions for application and proper ventilation.
- Make sure the product is not expired.
- Never mix household bleach with ammonia or any other cleanser.

### SOFT (POROUS) SURFACES

- Remove visible contamination if present and clean with appropriate cleaners indicated for use on soft surfaces.
- Launder items following the manufacturer's instructions.
- If possible, launder items using the warmest water setting for the items and dry items completely.
- If you cannot launder items, use products EPA-approved for emerging viral pathogens that work for soft surfaces.

## What Products to Use:

- Household bleach will be effective against COVID-19 when properly diluted.

### PREPARE A BLEACH SOLUTION BY MIXING:

- 5 tablespoons (1/3<sup>rd</sup> cup) bleach per gallon of water or 4 teaspoons bleach per quart of water
- Do NOT use expired household bleach
- Wipe bleach solution onto the surface and allow the surface to air-dry
- Other EPA-registered household disinfectant products are expected to be effective against COVID-19. Follow the manufacturer's instructions for all cleaning and disinfection products (e.g., concentration, application method and contact time, etc.).



### LOOKING FOR MORE INFORMATION?

Visit the [CDC environmental cleaning and disinfection website](#) for updated information.



Contra Costa Health Services | [Coronavirus.cchealth.org](https://Coronavirus.cchealth.org)

Used and adapted with permission from Wisconsin Department of Health Services

# Cleaning and Disinfecting in School Classrooms

Cleaning and disinfecting are key to limiting exposure to germs and maintaining a safe environment during the COVID-19 pandemic. Reduce the spread of germs by keeping surfaces clean and reminding students of the importance of hand hygiene.

## The Difference Between Cleaning and Disinfecting

- ✓ **Cleaning** reduces germs, dirt, and impurities from surfaces or objects and works by using soap (or detergent) and water to physically remove germs from surfaces.
  - Cleaning of surfaces followed by disinfection is a best practice measure for prevention of COVID-19 and other viral respiratory illnesses.
- ✓ **Disinfecting** kills (or inactivates) germs on surfaces or objects. Disinfecting works best by using chemicals, as directed, on surfaces after they've been properly cleaned.

## Which Disinfectant Products Should I Use?

You can use any EPA-approved disinfectant against COVID-19. Visit [epa.gov/listn](https://epa.gov/listn) or scan the QR code with your smart phone to check EPA's list of approved disinfectants.



## Where Should I Clean and Disinfect?

Clean and disinfect frequently touched surfaces and objects within the classroom. Check compatibility for products for use on electronic devices.

### Consider cleaning surfaces and object including but not limited to:

- Door handles and knobs
- Desks and chairs
- Cabinets, lockers, and bookshelves
- Shared computer keyboards and mice
- Trash bins
- Light switches
- Pencil sharpener handles
- Sinks and surrounding areas
- Countertops
- Whiteboards or chalkboards
- Shared electronics such as printers
- Other shared learning materials

## When Should I Clean and Disinfect?

Clean and disinfect frequently touched surfaces at least daily or between use by different students. Limit the use of shared objects when possible, or clean and disinfect between use.

### Options for cleaning and disinfection include:

- In the morning before students arrive
- Between classes (if students change rooms and while students are not present)
- Between use of shared surfaces or objects
- Before and after food service
- Before students return from recess or breaks
- After students leave for the day



Store cleaning and disinfection products out of the reach of students. Cleaning and disinfection products should not be used by or near students, and staff should ensure that there is adequate ventilation when using these products to prevent children or themselves from inhaling toxic fumes.



CS 319611-B 08/06/2020

[cdc.gov/coronavirus](https://cdc.gov/coronavirus)

# Six Steps for Properly Cleaning and Disinfecting Your School

## Protect Your School Against COVID-19

Properly cleaning and disinfecting surfaces and objects can help safely and effectively reduce the spread of disease in your school or facility. Routinely clean and disinfect frequently touched surfaces.

- ✓ **Always wear gloves and other personal protective equipment (PPE)** appropriate for the chemicals being used. The PPE may include eye protection.
- ✓ **Cleaning and disinfection products should not be used by or near students.**
- ✓ **Make sure that there is adequate ventilation (air flow) when using chemical products** to prevent yourself or others from inhaling toxic vapors.



**Step 1:**  
Visit [epa.gov/listn](https://www.epa.gov/listn) or scan the QR code with your smart phone to see EPA's list of approved disinfectants



**Step 2:**  
Follow the directions on the label carefully.



**Step 3:**  
Clean surfaces and determine how areas will be disinfected.



**Step 4:**  
Follow the contact time shown on the label.



**Step 5:**  
Throw away gloves after cleaning and disinfection. Wash your hands with soap and water for at least 20 seconds.



**Step 6:**  
Store chemicals in a secure location away from students' reach and sight.



CS 319611-D 09/11/2020

[cdc.gov/coronavirus](https://cdc.gov/coronavirus)

Mt. Diablo Unified School District  
**\*Meal Distribution for Distance Learning\***

**Monday, Wednesday, and Friday**

(double meals distributed Mon. & Wed.  
Weekend meals distributed on Friday)

**Beginning Wednesday, September 16, 2020**

**Free Meals  
“Grab N Go”**

**Breakfast and Lunch**

**\*ALL children 18 years and younger\***

**8am-12:30pm AND 3:30pm-5pm**

**WEEKEND MEALS!!**

<b>Site</b>	<b>Address</b>	<b>City</b>
Bel Air Elem	663 Canal Road	Bay Point
Holbrook	3333 Ronald Way	Concord
Meadow Homes Elem	1371 Detroit Ave.	Concord
Shore Acres Elem	351 Marina Rd.	Bay Point
Wren Ave. Elem	3339 Wren Avenue	Concord
El Dorado Middle	1750 West Street	Concord
Riverview Middle	205 Pacifica Ave.	Bay Point
Mt. Diablo High	2450 Grant St.	Concord
Ygnacio Valley High	755 Oak Grove Rd.	Concord

**8am-12:30pm**

<b>Site</b>	<b>Address</b>	<b>City</b>
Cambridge Elem	1135 Lacey Lane	Concord
Foothill Middle	2775 Cedro Lane	Walnut Creek
Pine Hollow Middle	5522 Pine Hollow Road	Concord
Sequoia Middle	265 Boyd Road	Pleasant Hill
Valley View Middle	181 Viking Drive	Pleasant Hill

No meals served on: 11/11, 11/23-27, 12/21-1/4,  
1/18, 2/12, 2/15, 4/2, 4/5-4/9, 5/31

1/15/21

